



Indo Korean Orthopaedic Foundation  
인-한 정형외과 협회



# ARTHROCON 2026

ADVANCES IN KNEE ARTHROSCOPY &  
KNEE PRESERVATION



Indo  
Korean  
Orthopaedic  
Foundation

# ARTHROCON 2026

SURGICAL  
Sessions



Journal of Orthopaedics  
Pubmed Indexed- free for  
IKOF members

Scientific  
Highlights

1. Eminent faculties in the field of Knee Arthroscopy & Knee Preservation
2. Live Surgeries Knee Arthroscopy & Knee Preservation
3. Interactive session. 4. Lunch time workshops.
5. PG - Poster Presentation Knee Arthroscopy & Knee Preservation

CONMED

VENUE



## Y-Knot™ RC

Anchor System  
Self Punching All-Suture

With strong frange anchors help overcome trade-offs of traditional rotator cuff anchors while the NEW - Tape and Nutcracker have been shown, 2 to reduce attrition and tendon than through.

## Y-Knot™ Flex

All-Suture Anchors for Instability

The Y Knot Flexsystem for an ant capsular case repairs helps improve surgical flexibility and access with and access with small, all-suture anchors that deliver secure fixation with up to 20% less bone removal



Organized by Indo Korean Orthopaedic Foundation and IQRAA Hospital Calicut,  
under the auspices of P.K.Surendran Memorial Education Foundation

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Dates



ARTHROCON  
2026



PROF. Y. Y. WON  
President IKOF

“LEARN THE LATEST”

ARTHROCON 2026

# INTERNATIONAL SYMPOSIUM (KNEE ARTHROSCOPY & KNEE PRESERVATION)

## 34<sup>th</sup> Annual Meet 2026

Date  
**14<sup>th</sup> JUNE 2026**

Venue

**GMC ORTHO FOUNDATION HOSPITAL AUDITORIUM**  
CH Cross Road, East Nadakavu, Kozhikode, Kerala 673001

Organized by Indo Korean Orthopaedic Foundation and IQRAA Hospital Calicut,  
under the auspices of P.K.Surendran Memorial Education Foundation

www.ikof.org | www.jortho.org

We would like to invite you all for the 34th Annual Meet 2026, organized by Indo Korean Orthopedic Foundation (IKOF) and Pro.P.K.Surendran Memorial Educational Foundation on June 14, 2026 at GMC Foundation Ortho Hospital Auditorium, Calicut, Kerala. The theme for this year meet is **"KNEE ARTHROSCOPY & KNEE PRESERVATION"**.

This symposium aims to cover practically relevant topic in the field of Knee Arthroscopy along with live surgeries, panel discussion on difficult cases and hands on workshop. Eminent national and international master knee surgeons will be sharing their wisdom of knowledge with us.

Indo Korean Orthopedic Foundation aims to develop a podium for interaction of ideas and techniques in Orthopedics. The foundation is giving fellowship training to excel in the state of art techniques in orthopedic surgery. Prof. Ye-Yean Won is the president of Indo Korean Orthopedic Foundation.

We hope to see you all on June 14, 2026 at GMC Foundation Ortho Hospital Auditorium.

## Expected Faculties



**Prof. Y. Y. WON**  
President IKOF



**Prof. C. HAO CHIU**



**Dr. IPS OBEROI**  
Delhi



**Dr. ROSHAN WADE**  
Mumbai



**Dr. SWARNENDU SAMANTHA**  
Kolkata



**Dr. RAJEEV RAMAN**  
Kolktha



**Dr. K.N. SUBRAMANIAN**  
Madurai



**Dr. RAGHUVEER REDDY**  
Hyderabad



**Dr. SANDEEP VIJAYAN**  
Manipal



**Dr. SUGAVANAM**  
Salem



**Dr. RANAJIT PANIGRAHI**  
Odisha



**Dr. NAMDEV**  
Maharashtra



**Dr. C. REX**  
Coimbatore



**Dr. RAMAKANTH R.**  
Coimbatore

### PATRONS

Prof. Dr. M. K. Raveendran  
Dr. V K Rajan  
Dr. Harindranath

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Prof. Dr. P. Gopinathan  
**ORGANISING CHAIRMAN**  
Dr. Sibin Surendran

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Dr. Abdul Gafoor P.M.  
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Dr. Jyothi Prasanth  
Dr. Unnikrishnan

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Dr. Shanavas K.P.

Dr. Sreejith  
Dr. Sreehari  
Dr. Sreeshob  
Dr. Sujith Jose  
Dr. Unnikrishnan  
Dr. Vijay Krishnan

Organising Committee

Advanced Concepts in  
**KNEE ARTHROSCOPY & KNEE PRESERVATION**

Venue:  
GMC ORTHO FOUNDATION  
HOSPITAL AUDITORIUM



**ARTHROCON 2026 - TOPICS**

14.06.2026 at 8.30AM

## ACL

- ACL Primary Repair: Is it a Paradigm Shift?
- Quadriceps Tendon Autograft: The New Gold Standard?
- Lateral Extra-Articular Tenodesis (LET) – current evidence?
- Artificial graft options in knee arthroscopy – wonder or blunder ??
- Single-Stage vs. Two-Stage Revision ACLR – when & how ?
- ACL rehab : From Time-Based to Criteria-Based

## • Live Surgery

## • Panel Discussion

## PCL

- Isolated PCL Tears: Operative vs Non-Operative Decision Making
- Double-Bundle PCL Reconstruction – Does It Improve Outcomes?
- Chronic PCL Deficiency & Medial Compartment Degeneration – When & how to intervene?
- PCL Avulsion Fractures: Fixation vs. Reconstruction

## • Live Surgery

## • Panel Discussion

## Meniscus

- Ramp Lesions: Arthroscopic Identification & Repair Strategies
- Radial Tears: Can We Restore Hoop Stress?
- Centralization Techniques for the Extruded Meniscus
- Meniscus Allograft Transplantation – Indications, technique & Survivorship
- Discoid Meniscus in children – Saucerization vs Repair

## • Live Surgery

## • Panel Discussion

## Knee Preservation

- High Tibial Osteotomy (HTO) in ACL-Deficient & Varus Knees
- Distal Femoral Osteotomy for Valgus Malalignment
- Cartilage Restoration Techniques: Microfracture vs OATs vs MACI
- Panel Discussion on interesting cases

## • Live Surgery

## • Panel Discussion

## Scientific Advisors

Dr. Abdulla Khaleel  
Dr. Hasil  
Dr. Hithesh Gopalan  
Dr. Jacob Mathew  
Dr. Jawahar Aadiraja  
Dr. John T John

Dr. Khyas  
Dr. Krishnakumar C.V.  
Dr. Kumaran C.M.  
Dr. Pradeep Kumar  
Dr. Prem Haridas  
Dr. Rajesh Purushothaman

Dr. Rijesh  
Dr. Sameer Ali  
Dr. Tony Kavalakkatt  
Dr. Sudheer Shareef